

# Tu B'Shevat Seder Supply List and Follow-up Activities



## Seder Supply List

### Materials:

- Seder booklet (printable Tu B'Shevat flyer)
- Placemat (printable from Tu B'Shevat flyer)
- Clear paper cups or glasses

### Drinks:

- Dark grape juice or wine
- White grape juice (or white apple juice) or wine

### Food:

Part 1 of Seder: One or more fruits/nuts with inedible outside and edible inside:

- Clementine or orange
- Banana
- Pomegranate
- Coconut
- Almonds or walnuts

Part 2 of Seder: One or more fruits with inedible inside and edible outside:

- Olives
- Dried dates
- Cherries
- Apricots

Part 3 of Seder: One or more fruits completely edible:

- Figs
- Seedless grapes
- Blueberries

## Follow-up Activities

- Plant parsley seeds and use them for your Passover seder.
- Plant a tree here or in Israel.
- Do Tu B'Shevat "Do Not Waste" Art Activity on following page.

## **Tu B'Shevat Follow up Art Activity\***

### From the value of Ba'al Tashchit – Do Not Waste

\*Edited from ShalomLearning.org

You just learned about ט'ו ב'שבט Tu B'Shevat, the holiday where we celebrate trees. So, it makes perfect sense that we can take that love of nature just one step further and explore a key Jewish value: בַּל תַּשְׁחִית Ba'al Tashchit Do Not Waste. בַּל תַּשְׁחִית Ba'al Tashchit Do Not Waste is the idea that we are responsible for how we interact with the world around us and our impact on the environment.

What are some of the ways that you know that we can have an impact on the world?  
Brainstorm a list, including creating trash, recycling, using disposable items instead of reusable.

You have learned about ways we impact the environment, in good ways and not-so-good ways. Let's focus on some of the ways you can improve our impact. Here are some ideas to get started:

- Use reusable plates / cups
- Reuse:
- Turn plastic jugs or cans into planters
- Recycle:
- Make sure all paper and cardboard get into a recycling bin!

One creative way to reuse a variety of objects is to create new art from it! Hanoach Piven, a famous Israeli artist, does just that. He creates portraits of famous people from across the globe. Let's look at a few of the portraits he has made from the website Piven World <http://www.pivenworld.com/art>.

You will need any or all of the following:

- Scrap paper for the students to brainstorm their portraits
- Construction paper
- Glue
- Crayons
- Scissors
- Clean recycled / found objects (lids, game pieces, figures, old cards, etc.)
- Magazines (to cut up)

Not all of Hanoach Piven's art features particular people, sometimes he just creates. Now try to create your own Piven-style art!