

# Kol Emeth

Let Torah be a way of life, and welcome every person as a friend – Pirke Avot Septemb

September 2012 / Elul 5772

קול אמת



# I Speak Israel — by Josh Toch

I went to Israel over the summer on a program called I Speak Israel (ISI). ISI was not just any teen exploration trip of Israel; it was also a Israel advocacy trip. This year was the first year of ISI, which is run through a partnership of The David Project, a non-profit advocacy group for Israel and Young Judaea, one of the leading organizations taking teens to Israel. To be accepted for this special program, I had an intensive interview. I was the only one to be accepted from California out of the 20 teens that went on the trip.

I really had no idea what this trip was going to be, because this was the first year they were having this special program. I do not even think they had a clear Idea what it was going to be like.

This trip was the time of my life in so many ways, but what also made it so great was being able to go to certain places in Israel and learning intensely about the places. I do not mean just learning some facts about where we were; I mean diving in and learning about the conflicts and all of the issues at a certain place. When we were in Sderot, the most bombed city in the world (by Hamas and Islamic Jihad terrorists from Gazza), we learned about the problems with Gaza. At the Golan Heights we learned about the complete turnover the government might have in Syria. We would also have hours of lessons on how to advo-

cate for Israel, learning deferent techniques to use in deferent situations. We had around 30 hours of class time with our teacher from The David Project and another 20 hours with other people, some of which were Palestinians, some Jewish settlers, and also other people including a member of the Knesset.

I had the time of my life on this trip, meeting lifelong friends and experiencing things that I will never forget. One of the best choices I have ever made in my life was to go on ISI. Everyone on the trip was so amazing and everyone was mature and knew how to act like adults. They could all talk about political issues one minute, then the next minute talk about teenage pointless things. I do not know if there is a better Israel teen trip out there and it was only the first year they offered this one. I know they will make it better next year but, honestly, there is not that much that they have to do to improve for ISI for next year. (Josh will be speaking about Israel at TNT Services on November 30th, which begins at 7:15 PM)

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17835 Monterey St, Morgan Hill, CA 95037 (408) 778 8200 Congregation Emeth Your Jewish Community in the South Valley This newsletter can also be viewed at www.emeth.net

# A Message from Rabbi Israel



Every year, on Rosh Hashanah, there is an unusual moment that occurs just as we begin our Shofar service, while we are chanting the prayer referred to as the "Great Aleinu." Now, most of us are quite familiar with the Aleinu, which is chanted in every service - Shabbat, holiday, or daily. The Rosh Ha-

shanah Great Aleinu replicates the first time this prayer was recited more than 2000 years ago, in the Holy Temple in Jerusalem. In fact, it was originally written for use during Rosh Hashanah. But the people liked it so much that it found its way into daily use.

The Great Aleinu is unique for several reasons. Firstly, it is not chanted in the regular melody – it is chanted in the dramatic melody reserved for High Holiday services. Secondly, it is not "complete", meaning all of the paragraphs we include in the Shabbat and daily Aleinu are not included in the Great Aleinu. The third reason is because some, many, or most participants (in our case, your Rabbi) bow all the way to the ground on the words "v'anachnu korim, u'mishtachvim, u'modim," which means "and we bend our knees and bow and give thanks."

If you grew up in a Reform or liberal congregation, you probably never experienced this until I arrived, although nowadays a number of Reform clergy prostrate during the Great Aleinu. You may be thinking, "Jews don't pray that way." You may be wondering why a Jew, and a Rabbi no less, would be doing that. (For more on the changing Reform styles of prayings, read the article <u>Worship: A Classical Reformer Bows to Tradition</u>, in the latest Reform Judaism magazine.)

To fully understand why bowing is part of the choreography of this prayer, we should reflect again on the prayer and its contents. The Great Aleinu introduces the first section of the part of the service when we blow the shofar. The words to the Aleinu are about being a Chosen People. But what are we chosen for? What is our mission? We are not chosen as "favorites" – rather we are selected to complete a specific responsibility: bringing peace and harmony for all people, not only Jews. This is consistent with Reform theology, for *tikkun olam*, the repairing of our world.

The beauty of the Aleinu on Rosh Hashanah is its physicality. Most of us approach most things, including prayer, intellectually. Rarely do we use our whole bodies to express the words of the prayer. But the Aleinu is different. Even in the daily service we don't merely bow our heads – we bend our knees and bow low from the waist. This movement is intended to communicate deeply about our relationship to our Creator. We submit to God's sovereignty as we commit ourselves to *tikkun olam*.

Continued on page 10

#### CONGREGATION EMETH Debbie Israel Rabbi Melanie Khamis Principal Debbie Zajac Administrator **BOARD MEMBERS** Grant Gordon President Susan Meyers President Elect Paul Crompton Secretary Michael Heil Treasurer Becky Neto Education Elizabeth Mandel Membership

Adult Learning

**Facilities** 

Social Action

#### NON-BOARD MEMBERS

Randy Toch

Geoff Jackson

Wendy Thowdis

Rick Coencas	Library
Michael Ogden	Kol Emeth Editor
Michael Oshan	Building & Grounds
Mel Weisblatt	Ritual
Randy Toch	Facilities Rental
Patty Baggese, Marilyn Freund	Sisterhood Presidents

# Upcoming Events...



Sept 11	Board Meeting
Sept 11,12	Hebrew School
Sept 13	Adult Bnot Mitzvah Class
Sept 14	Religious School
Sept 14	FNL Potluck
Sept 16	Erev Rosh Hashanah Service
Sept 17	Rosh Hashanah Service
Sept 18,19	NO Hebrew School
Sept 20	Adult Bnot Mitzvah Class
Sept 20	Lord's Table
Sept 20	Emet Dor Kef - Paul
Sept 21	NO Religious School
Sept 22	Family Rosh Hashanah Service
Sept 23	Build Sukkah
Sept 25,26	NO Hebrew School
Sept 25	Yom Kippur Eve Service
Sept 26	Yom Kippur Service
Sept 27	NO Adult Bnot Mitzvah Class
Sept 28	Religious School
Sept 28	Community Shabbat Dinner Shab-
Sept 29,30	Taste of Morgan Hill
Sept 30	Complete Sukkah



Oct 02	NO Hebrew School	
Oct 03	Hebrew School	
Oct 04	Adult Bnot Mitzvah Class	
Oct 04	Emet Dor Kef - Rabbi	
Oct 05	Religious School, Potluck in Sukkah	
Oct 08	Simchat Torah	
Oct 09	Board Meeting	
Oct 09	NO Hebrew School	
Oct 10	Hebrew School	
Oct 11	Adult Bnot Mitzvah Class	
Oct 11	Emet Dor Kef - Paul	
Oct 12	Religious School & Commity Dinner	
Oct 12	Early TNT – Simchat Torah	
Oct 16,17	Hebrew School	
Oct 18	Adult Bnot Mitzvah Class	
Oct 19	Religious School	
Oct 19	Commity Shabbat Dinner & Service	
Oct 23,24	Hebrew School	
Oct 25	Adult Bnot Mitzvah Class	
Oct 25	Emet Dor Kef - Paul	
Oct 26	Religious School, TNT	
Oct 27	Progressive Dinner	
Oct 30	Hebrew School	

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Nov 01	Maj Tournament		
Nov 01	Emet Dor Kef - Paul		
Nov 02	Religious School		
Nov 02	Commity Shabbat Dinner & Shabbat		
Nov06,07	Hebrew School		
Nov 08	Adult Bnot Mitzvah Class		
Nov 09	Religious School		
Nov 09	FNL Potluck		
Nov 13	Board Meeting		
Nov 13,14	Hebrew School		
Nov 15	Adult Bnot Mitzvah Class		
Nov 15	Emet Dor Kef - Paul		
Nov 16	Religious School		
Nov 16	Commity Shabbat Dinner & Shabbat		
Nov 20,21	NO Hebrew School		
Nov 22	NO Adult Bnot Mitzvah Class		
Nov 23	NO Religious School		
Nov 27	Emeth Reads		
Nov 27,28	Hebrew School		
Nov 29	Adult Bnot Mitzvah Class		
Nov 29	Emet Dor Kef - Rabbi		
Nov 30	Religious School		
Nov 30	11/30 - TNT		

# High Holliday Schedule

Rosh Hashanah Eve:		Y	Yom Kippur Eve		
Sunday, September 16		Τu	Tuesday, September 25		
7:30 PM	Erev Rosh Hashanah Service Holiday oneg (reception) following services		7:30 PM	Kol Nidre/Erev Yom Kippur	
		Y	om Kippu	r	
Rosh Hashanah			riday, Septen		
Monday, Sep	tember 17		, ,	Yom Kippur Service	
/ · · · ·	Rosh Hashanah Morning Service		10:00 AM		
	Children's program begins			(completed reservation form	
	(completed reservation form			required)	
	required)		3:30 PM	Panel Discussion & Text Study	
			4:30 PM	Yizkor Services (Childcare will be	
Saturday, Saturday 22				provided)	
,	Family Rosh Hashanah and Shabbat Service		5:00 PM	Concluding Services (Mincha and Neilah)	

# President's Message

Grant Gordon



Dear Congregation Emeth Friends, Members, and Families: Once again, I would like to take this opportunity to wish everyone a very happy, health, and prosperous New Year. As we enter our 36<sup>th</sup> year as Congregation Emeth, Ι would like to thank all of the board members who recently completed their

terms of service for all of your support and hard work over the past two years. I believe that our main goals of 1) a plan for financial stability 2) membership growth and retention and 3) on-going spiritual, religious, and personal growth were all achieved. As we welcome our new board members, these goals, and a few others to be finalized, will allow us to achieve continuity as we progress through this next year.

The new Emeth Board of Directors recently participated in a Leadership Development Session co-led by Rabbi David Fine of the URJ. The main intent was to help us better define our strategic goals and initiatives, and to assist in the development of a methodology and process for achieving the desired deliverables. The overall feedback from the session was very positive and we plan to share more outputs from that meeting in the near future as plans get solidified. Needless to say, we will be looking for help from all of our members to turn these plans into realities.

The last few weeks have been very busy for Emeth Members as well. We started off with a Walk For Tolerance in Morgan Hill on August 21st. More information on this powerful event is discussed within the body of this newsletter. The Walk For Tolerance was followed up by a wonderful cross cultural event at the Lords Table on August 26<sup>th</sup> co-sponsored by several faith based organizations including Congregation Emeth, Silicon Valley Islamic Community, The Abrahamic Alliance, and several other Muslim, Catholic, and Christian organizations throughout the Silicon Valley. The event had over 40 participants including several younger family members making for a wonderful experience. We served 200 meals to 115 people in need and the appreciation shown by those in need was overwhelming. Rabbi Israel closed the evening with a beautiful prayer that was heartfelt and inclusive for all faith based organizations represented making for a wonderful end to an already great afternoon. My nine year old son, Ross, was so moved by the experience that he immediately asked if he could participate at the next Lords Table event taking place in a few short weeks led by our very own Social Justice Chair, Geoff Jackson. Hopefully, other Emeth members will participate in upcoming community service events as well.

In between these two wonderful events was a third wonderful event, our Prospective Member Shabbat Barbeque led by our membership chair, Elizabeth Mandel. The event was very well attended and everyone seemed to have a great time. It is through these types of events that prospective members get to see what makes the friendly and inclusive culture of Emeth so special. Hopefully, we will be proudly announcing some of those attendees as new members in the coming weeks and months.

Last, but certainly not least, both Hebrew School and Religious school kicked off seamlessly with the help of our new Principal Melanie Khamis, Becky Neto, Rabbi Israel, our teaching staff, and our very capable future leaders, our Emeth Madrachim (teaching assistants). As for Shabbat services, we received very positive feedback around the changes to our Shabbat service schedule and weekly format and hope that it will continue to meet the broader needs of our congregation this year as well.

By now, most of you have heard that we are looking to restructure our bonds. As part of our financial restructuring plan, we are looking for broader participation in hopes that we can drastically reduce, or possibly even eliminate our mortgage with Pinnacle Bank as soon as possible.

## EMETH SPONSORS WALK FOR TOLERANCE



**More than 200 participants in Walk!** At the Board Training in August, one of the board members commented that he thought one of Emeth's finest moments was a Walk for Tolerance held in Gilroy many years ago. Others agreed and we wondered if it was time to do that again.

The next day, Rabbi Israel and Pastor Patrick Davis of the United Methodist Church were talking about the anti-Islamic slander going on in our community and they agreed this was the time to show solidarity for all faiths. Geoff Jackson, Emeth Social Justice Chair, was called in, and the Walk for Tolerance was planned for one week later, on August 22!

Joining Congregation Emeth in convening the Walk were United Methodist Church, Advent Lutheran Church, South Valley Islamic Community, and Unitarian Universalist Church. The Walk was our community's response to recent acts of violence and intolerance, and the recent mass shooting at the Sikh temple in Wisconsin in which seven worshippers were murdered.

Rabbi Israel said, "This walk was intended to be a statement of tolerance, acceptance, and peaceful coexistence among all people." The Walk began with readings in the parking lot of Congregation Emeth, and ended with a Candlelight Vigil at the United Methodist Church, after walkers marched through downtown, led by Emeth's teen volunteers holding the banner.

Geoff Jackson and his team of volunteers are to be thanked for all of their work, and gratitude is extended to the JCRC (Jewish Community Relations Committee of the Jewish Federation of Silicon Valley) for their support and for providing our Walk for Tolerance Banner.







### The Importance of Tzedakah -

When most people hear the word "Tzedakah" they think it means charity. Did you know the word "tzedakah" is derived from the Hebrew root Tzadei-Dalet-Qof, meaning righteousness, justice or fairness? In Judaism, giving to the poor is not viewed as a generous, magnanimous act. It is simply an act of justice and righteousness. Giving to the poor is an obligation in Judaism, a duty that cannot be forsaken even by those who are themselves in need. Every person is required to give tzedakah according to their means. Even the poorest Jews, those



who need help themselves, are expected to put aside something from what they receive in order to give tzedakah. Some scholars have said that tzedakah is the highest of all commandments, equal to all others combined.

Tzedakah is reinforced in our Emeth classrooms and students provide input to the charities we support with the generous money that is collected throughout the year. At Friday religious school a tzedakah box will be passed around prior to the start of services since it is traditional to give tzedakah before Shabbat begins. Of course tzedakah boxes will still be around all week long and can be found at the back of the sanctuary and on the desk near the school entrance. We encourage everyone to contribute. Please help your child to remember to bring in that change. Those quarters and dimes really do add up!

#### Congregation Emeth Your Jewish Community in the South Valley

## WELCOME NEW MEMBERS...



#### Welcome Trish and Eve Kedar

Trish and Eve Kedar moved to Morgan Hill in February. They were active members at Congregation Beth David, a conservative synagogue in Saratoga of approximately 500 families. Rabbi Pressman blessed their union at Beth David, where they participated in Torah study and other community events.

They have two adult children, a son-in-law and two adorable grandbabies, twins Shira and Elai. Trish works in marketing and Eve works in high tech and is interested in education initiatives. They live with their cat Bombay and look for-

ward to having a new puppy join the family in the New Year.

Trish and Eve were glad to find and join Congregation Emeth and they look forward to meeting and getting to know everyone, as well as contributing to their new community. (You may have already seen them contributing, as they both jumped right in and volunteered at the Garlic Festival in July.)

They would like to thank the members of Emeth for their warm welcome and wish everyone an early Shannah Tova.

# Welcome Jarson Family (Aaron, MariaElena, Raquel (8), Isaac (6), and Ari (3.5)) and Victor Kignel (16)

Aaron and MariaElena moved to Morgan Hill in 2002 from San Diego before starting their family. Previously, they have belonged to Congregation Sinai in San Jose, Congregation Emeth in Morgan Hill/ Gilroy, Congregation Beth Am in San Diego, and Ahavath Beth Israel in Boise, Idaho. Aaron is the Director of Operations at Tarmin, and MariaElena is a homeschooling mother and a member of the PJ Library Board of Silicon Valley.



Victor will be spending the next five months here as a foreign exchange student from Sao Paulo, Brazil. He attends Live Oak High School.

They enjoy hiking, camping, travel, reading and spending time with friends and together as a family. They also enjoy following and supporting their children's interests, which currently include water polo (Victor), animals (Raquel), coins and history (Isaac), and garbage and recycling (Ari).

They are looking forward to meeting local Jewish families and discovering friendships within the local Jewish community.

#### Connecting With Our Members

I enjoyed seeing several of our longer-term members meeting new members and guests, establishing a personal connection at our membership barbecue on August 24<sup>th</sup>. People may choose to join Congregation Emeth for any number of reasons; however, one of the reasons they remain and become involved is because they have established personal relationships with other members of the Emeth community.

We all have a part to play in strengthening these relationships to each other and to Congregation Emeth. My challenge to you for the new year is this: Come to an Emeth potluck, find a family you don't know, sit down and share a meal with them, and see what connection you can establish.

## **EDUCATION UPDATE...**



This year we have an exciting new addition to our Religious School: Emeth's revamped Coop Preschool/Kindergarten class! Led by our very own and very talented Jr Teacher, Rachel Neto, this class will intro-

duce Judaism in a fun and age-appropriate way to some of our youngest members. Rachel Neto has experience teaching as our former Religious School Craft Madricha and we are thrilled to now have her leading our largest class with the assistance of a madricha and parent volunteer. Students will learn about our Jewish Holidays and Bible stories, be introduced to some basic Hebrew vocabulary words, and learn to sing the Aleph-Bet and basic blessings such as the Kiddush and HaMotzi. Please keep your eyes out for our youngsters when you join us for Shabbat and help us make them feel at home in our community.

Yellow Comforter Project: Emeth's Religious School will be participating in a multi-congregational tzedakah project developed by the PJLibrary and collaborating with Jewish Family Services. The project is based on the book, "When Dalia Put a Big Yellow Comforter Inside a Tiny Blue Box," by Linda Heller and will begin with the school year and continue until Chanukah. Students will raise money and then use the money to purchase specific items for specific families from a "store" set up in our synaacque. By participating in a tzedakah project such as this, our students will better understand how truly capable they are of helping families in need. Please be on the lookout for ways you can support our students as they work to fufill the mitzvah of tzedakah. More information will follow.

**Children's High Holiday Programming:** Our Children's High Holiday Programming will again be available to provide children in 4<sup>th</sup> grade and younger with alternatives to the main services. As with previous years, babysitting services will be offered for children under 3 years old. A new program specifically for kids 3 years old through kindergarten will be offered to give children the opportunity to enjoy an educational, yet age appropriate, alternative to sitting through services with their parents. Parents who choose to put a child in this program will be asked to sign up for a *short* time slot to assist the teacher during the service. Students from first through fourth grades will enjoy a junior congrega-

tion program to give them a fufilling High Holiday experience that meets their needs and interests. All programs will be developed by our experienced teachers, under the Rabbi's supervision. Please note that students in 5<sup>th</sup> grade and above will be expected to enjoy the adult service in the sanctuary. Reservations will be REQUIRED for participation in any children's program.

> Melanie Khamis School Principle Melanie.khamis@gmail.com



There are many people at Congregation Emeth that give of their time in order to make us a better com-One such person has been Rebecca munity. Kaminsky. Rebecca has served as our volunteer school principal since 2009. Bringing experience from her teaching career Rebecca has professionalized our structure, curriculum, systems and procedures. Feeling confident in the school Rebecca decided it was time to retire at the end of the last school year. We are grateful to Rebecca for her devotion to our children and Congregation Emeth. As our school programs continue to develop and expand we can thank Rebecca for laying a firm foundation on which to grow from. Words cannot our gratitude for her professional service and devotion to the Congregation.

The Education Committee along with the Board of Directors is pleased to announce that Melanie Khamis will be serving as our new School Principal. Melanie has a background in Jewish Studies and has been a teacher here at Congregation Emeth for a many years now. She has taught Hebrew and Religious classes in addition to adult Hebrew. Melanie's enthusiasm for this new position is enormous. In addition to her duties as principal Melanie will continue to teaching in both schools. We know you will join us in welcoming Melanie to this new role and in thanking Rebecca for her service.

> Becky Neto Director of Education Netolove@aol.com

# Sisterhood Update...



Thank you to our Sisterhood members who contribute so much time and energy! Because of you, last year's Sisterhood Chanukah Dinner enabled our religious school to purchase CDs for studying Torah. Rabbi Israel's spirituality program concluded our year with a meaningful experience for us, and the

promise of more to come with your support!

We need your help and support! Would you be able to make and/or deliver Rosh Hashanah Baskets for Emeth Congregants who can't attend services? Or take a turn to serve on Rachamim for one month to support our congregants who need help?

#### Upcoming Sisterhood Events:

- Sept 16, Rosh Hashanah Erev Oneg hosted by Sisterhood, providing holiday pastries
- ♦ Oct 27, Progressive Dinner for adults
- Observe December 18, Chanukah Dinner and Party
- ♦ Feb 3, Berkeley's Magnes Museum
- March 6, "Shrugim " video at Esther Seibert's home
- ♦ April 2, Women's Seder.

Emeth Sisterhood dues are \$36 for the year if you would like to join. Please contact us with your ideas or for more information about Sisterhood.

Patty Baggese pbaggase@garlic.com 408-842-6876 Marilyn Freund mfreund@mailstation.com 408-776-1817

# The Gift Shop has some new items! Come and see our traditional ritual items, jewelry, gifts, lifecycle cards, and items you may enjoy in your home.



There are new items such as children's plates and bowls, and a child's domino game with Judaica symbols.

You will find our shop open before or after activities at the Synagogue. Please contact Patty Baggese 842-6876 or Marilyn Freund for arrangements to open the Gift Shop. We are very flexible with times.

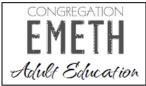
## Emeth Reads...

The next book we are reading is <u>I am Forbidden</u>, by Anouk Markovits. The story brings to life 4 generations of one Satmar family. The Satmars are a Hasidic movement comprised of mostly Hungarian & Romanian Hasidic Jewish Holocaust survivors and their descendants. Although the story begins during the 1930's & 40's, most of the story centers on 2 young girls who grow up to take very different paths within their faith. The Morgan Hill Library has copies, and an audio book is also available. (If you want to purchase the book, new or used, be sure to go to Amazon through www.emeth.net website!).

Our next meeting on November 27 will be at Wendy Thowdis' home, 1050 Stonegate Court, Morgan Hill; (315) 345-6359. Please RSVP to Wendy at wtinsa@yahoo.com so that she might provide some light snacks.

Here are our upcoming dates; all meetings are from 7:00 pm - 8:30 pm: November 27; February 5; and May 21.

Wendy Thowdis Adult Education Chair



#### **Congregation Emeth Memorial Board**

Three years ago when we moved into our permanent home, we installed a memorial board on the wall of the sanctuary. The beautiful memorial board fits beautifully into the décor of our sanctuary and will continue to be a permanent fixture. If ever we outgrow this building, it will be taken with us to wherever we go. When we installed it we thought we would have enough room for a long time. We had 96 spaces for plaques. However, with the rush of orders we recently received we soon will be down to less than 10 spaces available.

If you would like to memorialize a loved one, and have the plaque installed before Yom Kippur, you need to order before September 1. The cost of the plaque is \$360. You can order your plaque by sending an email to Mel Weisblatt, Mel@probusbrokers.com, or calling him at 408-778-7515. He will send you an order form. If you need help completing it, please contact the Rabbi and she will help you.

# Social Action Update...



Please start collecting those non-perishable, non-expired and unopened food items for the High Holiday food drive. We are looking for a volunteer to deliver the sacks to St Katherine's food bank, Morgan Hill, and St Joseph's Pantry, Gilroy.

Please contact Sandra (oursash@yahoo.com or Geoff (ggj49@yahoo.com) if you can help.

The number of attendees at the monthly Lord's Table dinner has increased from 85 to 120 in recent months. This is a significant increase and a sad reflection of the current economic times. About 20 or so of the attendees are children. We are seeking 3 or 4 more volunteer who are willing to commit to help us on a monthly basis. Please contact Sandra (oursash@yahoo.com) if you can help. Thanks as always to our regular crew of volunteers and to Rabbi Israel for the donations from her discretionary fund which enables us to purchase additional fresh produce for the meals.

B'shalom, Geoff Jackson, ggj49@yahoo.com

## Garlic Kisses...

Thank you to our members and friends who gave of their time and talent at our Garlic Pics booth this year! We had thirty-eight volunteer photographers, printers, cashiers, expediters, assemblers and sales people. You were terrific!! Thank you to:

> Patty Baggese Lindy Wisotsky Bette Gardner Barry Freund Perry Strongin Susan Meyers Jack Shorr Elizabeth Mandel Susie Friebera Kahlila Liverpool Cheryl Thompson Wendy Thowdis Trish Kedar **Rick Coencas** Curtis Palm Brigit Strongin Jacob Wisotsky Dale Foster Michael Heil Barbara Yazman

David Miller Eve Kedar Kathy Coencas Raul Fernandez Sarah Zajac Grant Gordon Rachel Wisotsky Aileen Teren-Foster Joe Abmont Danny Frieberg Rachel Neto Sheryl Pupko Rich Pupko Debbie Zajac Paul Crompton Michael Oshan Nancy Altman Kathy Coencas Denise Weyl

#### Maintenance Mavens Needed

Perform the mitzvah of maintenance!

There is an ongoing need for members to volunteer their time for synagogue maintenance tasks. This includes such things as grounds maintenance, organizing our various storage areas, and minor repairs. We will also be having an Emeth work day at the building in the next few weeks prior to High Holy Days to spruce up the place. Watch for an announcement soon in the weekly HaMadrich for the specific work date. Please contact Michael Oshan at mike3011@yahoo.com or by phone to get a one time or long term assignment. There are tasks for all skill levels available.



# Message From Rabbi Israel

(continued from page 2)

The only other time one bowing to the ground is part of a prayer service is on Yom Kippur but that isn't prayer so much as it is drama – it is done during the re-enactment of the High Priest asking for atonement on behalf of himself, his family, and the community.

While it is dramatic and theatrical, I find it to be incredibly moving to imagine that tense moment when the Israelites didn't know if the High Priest's prayers for atonement would be acceptable to God.

Bowing to the ground is symbolic of giving oneself totally to God. It requires letting go of one's ego, and when I can do so, I enhance my experience of having a connection to God that is powerful, moving, and affirming. When I cover my head with my tallit, I feel alone with God. I am humble. I realize that I am small compared to the Most Sovereign. I am vulnerable, open to judgment from the Holy One. At the end of this prayer, as I resume standing, I have a great sense of peace.

Recognizing that most people would not be comfortable prostrating themselves all the way to the ground, I invite you to consider simply bowing from the waist as usual, but doing so with the intention of humbling yourself before God. You might even try bowing a little lower than usual, so that your back is parallel with the floor.

Jerry joins me in wishing you a happy, healthy, joyful, peaceful New Year. Shana tovah.

> Rabbi Debbie Israel rabbidebbieisrael@gmail.com

Babli Delibio Irail

### President's Message (continued from page 4)

We ask that anyone who is in a position to purchase a bond of \$10K or greater please reach out to Michael Heil or myself for additional information. For those who are not in a position purchase a bond at this time, we hope that you will consider making a tax deductible donation to the Congregation

We are doing everything we can to end this fiscal year with a balanced budget and rely heavily on the generosity of our members to do so.

Please send in your FY2012 Pledge Forms if you have not already done so. I would like to formally acknowledge those families who have already pledges for taking our message for additional support seriously. As a result of our outreach, we have seen an average pledge increase across those who have already pledged and we hope that every family will do what they can to help Emeth in a meaningful way. I recognize that this is a very difficult financial environment and would not be asking if we, too, did not truly need to help. Please do not forget to fill out the section of the annual pledge form regarding areas of opportunity to volunteer at Emeth. I encourage each of you to learn about the activities taking place at Emeth and take time out of your busy schedule to get involved. It is through your involvement that Emeth will become the place that each of you want and need it to be.

Thanks again for all of your support and please let me know if you have any suggestions for ways to make Congregation Emeth even better in the future. I am always interested in your feedback.

I, along with Elizabeth, Ross, and Alexa extend our warmest wishes during this special time of year.

(Shalom Aleichem)

Peace Be Upon You

Grant Dordon

President grantgordon@earthlink.net



## Emeth Donations March thru July 2012



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